PROGRAMME: Straight Talk – Conversational Courage

LIVE online (7 hours across 2 days) or face to face (1 day) programme

Why

For all of us, there are times when we need to have conversations that aren't easy. Those ones that make us feel uncomfortable. The ones where we are fearful of doing it "wrong", looking like we don't know, being judged, or misunderstood. The ones we would rather avoid than lean in to.

This programme will support you to grow the capability and confidence to hold skilful and courageous conversations. To get underneath some of the challenges you face when delivering difficult messages and feedback in a human and growth centered way.

What You Get

- Creating the conditions and developing the confidence to have courageous conversations
- Understanding what stops you from having courageous conversations and how our very human nature can help us lean in instead
- Techniques and approaches to help build stronger relationships and the basis for more conversational courage
- Giving feedback in a human and growth centered way that is beyond a conversational process

What

- Two x half-day, highly interactive virtual workshops delivered using Zoom (or platform of your choice) and enhanced by Mural.
- Blend of input, pair and small group conversation, and interactive activities.
- Supported by our e-manual and further curated resources.
- We recommend 8 participants per workshop and a maximum of 12, to enable high levels of psychological safety, confidentiality and to allow participants to experience and practice their conversations.

Impact

- Greater confidence to have authentic and courageous conversations
- Increased awareness of how behaviour influences the quality of conversations
- Tools required to hold difficult conversations with skill and impact
- Understanding into how to use conversations to build trust, develop stronger relationships and greater collaboration

"It is helping our leaders prepare for and hold better, braver conversations and offers a reference point for the different, regular workplace conversations all leaders need to have."

L&OD Manager, NFU Mutual

Contact Us

W: theconversationspace.com
T: +44 (0)203 700 6870
E: info@theconversationspace.com