

Executive Coaching

How we help leaders and teams

Through our 1-1 and team coaching, we work closely with senior leaders to help them navigate and make sense of complexity and challenges with confidence, authenticity, and humanity.

Some of the areas where we focus include:

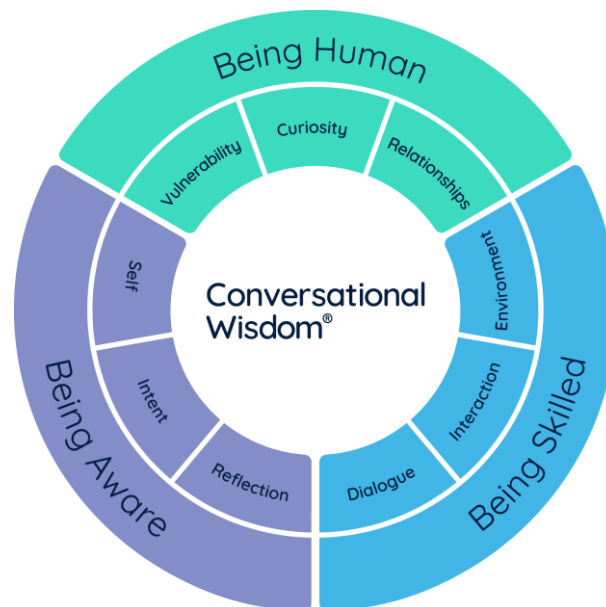
- **Navigating the messiness of relationships** - managing power dynamics within organisational systems and building strong, impactful relationships.
- **Aligning people, purpose, and performance** - connecting personal values with the broader team and organisational goals to create a sense of purpose that drives performance and engagement.
- **Supporting leadership transitions** - preparing rising talent for bigger roles and helping them navigate these pivotal moments with impact, credibility, and confidence in their own voice.
- **Building bold, brave teams** - improving communication, deepening trust, and creating the psychological safety needed for people to work at their best, especially when the pressure is on.

Our approach

Working at the forefront of both coaching and mentoring, we support organisations across the world to develop, grow and enhance their capability in these powerful developmental areas. Our breadth of expertise in this exciting and complex space is drawn from a depth of experience in being internal coach-mentors, academic research and from having supported many organisations to create a successful internal coaching and mentoring capability.

All our coaches have a wealth of experience and expertise and bring a high level of qualification/accreditation. They are members of professional bodies including EMCC, ICF and AC and undergo coaching supervision themselves. They use different coaching techniques including the Co-Active Model, Positive Psychology, NLP and various psychometric tools (including Hogan, MBTI, TKI, OPQ) if appropriate.

Our coaches have worked with leaders and managers at all levels of organisations from C-suite to graduates, and work with our licensed Conversational Wisdom® framework at the heart of their approach.



How it works

As a starting point for one-to-one executive coaching, we recommend:

- an initial chemistry meeting for coachee and coach to meet and share more about each other, as well as understand how they might work together;
- an initial three-way contracting conversation between coach, coachee and sponsor (if appropriate) to ensure all parties understand the importance of confidentiality and boundaries, and agree any high level objectives;
- a commitment of six coaching sessions of up to 1.5 hours in length.

Costs

Standard Rates

Hourly rate - £550

6 x 1.5 hr session package* - £4,950

Not For Profit

Hourly rate - £440

6 x 1.5 hr session package* - £3,960

(All costs are exclusive of vat and expenses)

*package includes initial chemistry meeting, initial three-way meeting, and evaluation

Contact

If you would like to have a conversation about our coaching or just want more information, please get in touch with us here:

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